

**VITA**  
**Theodore F. Robles, Ph.D.**

Box 951563  
1285 Franz Hall  
Department of Psychology  
University of California – Los Angeles  
Los Angeles, CA 90095

Office: 310-794-9362  
Fax: 310-206-5895  
E-mail: [robles@psych.ucla.edu](mailto:robles@psych.ucla.edu)

**ACADEMIC POSITIONS**

- 2013 – present Associate Professor, Health Psychology, Department of Psychology,  
University of California, Los Angeles
- 2006 – 2013 Assistant Professor, Health Psychology, Department of Psychology,  
University of California, Los Angeles

**EDUCATION**

- 2006 Ph.D., Psychology (Clinical-Health), Minor in Quantitative Psychology  
The Ohio State University,
- 2006 Clinical Psychology Internship, Department of Psychiatry,  
Western Psychiatric Institute and Clinic, University of Pittsburgh School of  
Medicine
- 2002 M.A., Psychology, The Ohio State University
- 1999 B.S., Psychology (Honors), University of Wisconsin – Madison

**HONORS AND AWARDS**

- 2016 Distinguished Service Award, Department of Psychology, UCLA
- 2011 Distinguished Teaching Award, Department of Psychology, UCLA
- 2008 Invited attendee, Summer Institute on Aging Research, National Institute on Aging
- 2004 Graduate Student Leadership Award, Graduate School, The Ohio State University,
- 2004 Scholar Award, American Psychosomatic Society
- 2003 Invited attendee, Positive Psychology Summer Institute,  
Positive Psychology Network, University of Pennsylvania
- 2003 Psychoneuroimmunology Research Society Scholars Award,  
Psychoneuroimmunology Research Society
- 2003 Wisconsin Symposium on Emotion Travel Award, Health Emotions Research  
Institute, University of Wisconsin – Madison
- 2002 Psychoneuroimmunology Research Society Scholars Award,  
Psychoneuroimmunology Research Society
- 2000 Wisconsin Symposium on Emotion Travel Award, Health Emotions Research  
Institute, University of Wisconsin – Madison
- 2000 Trainee Travel Award, Psychoneuroimmunology Research Society
- 1999 National Science Foundation Graduate Research Fellowship
- 1999 University Graduate Fellowship, The Ohio State University

**RESEARCH SUPPORT****Ongoing**

MR-15-328794 (Robles, PI) 1/2015 – 12/2017  
 University of California \$207,895 direct  
 Multicampus Research Programs and Initiatives  
 UC Intercampus Consortium on Health Psychology

Supports developing collaborative research among UC campuses related to resilience, including seed grant funding, a yearly conference, and a training workshop.

R01DE022045 (Shetty, PI; Robles, Co-Investigator) 9/2012 – 8/2017  
 National Institute of Dental and Craniofacial Research \$722,278 direct  
 Salivary Biomarker Panel for Measuring and Predicting Traumatic Stress Reactions

Examines associations between salivary biomarkers following traumatic injury and later post-trauma psychopathology (PTSD, major depression), with the goal of developing a model to predict later post-trauma psychology in a sample of urban trauma patients.

Faculty Research Grant (Robles, PI) 7/2016 – 6/2017  
 UCLA Academic Senate \$10,000 direct  
 Longitudinal Trajectories of Depression during Stroke Recovery

**Completed**

R03HD077387 (Robles, PI) 5/2014 – 4/2016  
 National Institute of Child Health and Human \$100,000 direct  
 Development  
 Daily Family Life and Proinflammatory Gene Expression

Examines associations between family environments with high levels of conflict, anger, and aggression, and family relationships that lack warmth and support, are related to greater mRNA expression of genes related to inflammation.

Faculty Research Grant (Robles, PI) 8/2013 – 6/2014  
 UCLA Academic Senate \$10,000 direct  
 Daily Family Environments and Telomere Length

R21AG032494 (Robles, PI) 9/2009 – 8/2013  
 National Institute on Aging \$215,713 direct  
 Marriage, Physiology, and Health during the Retirement Transition

Oppenheimer CAIM Seed Grant (Robles, PI; Chiu, Co-PI) 6/2009 – 5/2013  
 UCLA Center for the Neurobiology of Stress \$30,000 direct  
 Epidermal inflammation in a double-blind randomized trial of mindfulness meditation in psoriasis patients

Faculty Research Grant (Robles, PI) UCLA Academic Senate How does dating differ with age? Emotion expression and experience during interpersonal interactions.	9/2012 – 6/2013 \$10,000 direct
Center for Translational Technologies Voucher Award (Robles, PI) UCLA Clinical and Translational Science Institute	11/2012 – 5/2013 \$10,000 direct
Research Grant (Robles, PI; Repetti, Co-PI) William T. Grant Foundation	1/2009 – 12/2012 \$434,783 direct \$25,000 supplement
Everyday Family Life and Susceptibility to Upper Respiratory Infections	
Faculty Research Grant (Robles, PI) UCLA Academic Senate Emotional expression, stress physiology, and inflammation in romantic relationships	7/2011 – 6/2012 \$5,000 direct
U01DA023815 (Shetty, PI) National Institute on Drug Abuse Refinement and Validation of a Portable, Salivary Biosensor of Psychosocial Stress	8/2007 – 4/2012 \$1,224,867 direct
Faculty Research Grant (Robles, PI; Christensen, Co-PI) UCLA Academic Senate Integrative Behavioral Couple Therapy in Older Adults: Effects on Marital Quality, Physiology, and Inflammation	7/2009 – 6/2011 \$10,000 direct
Faculty Research Grant (Robles, PI; Christensen, Co-PI) UCLA Academic Senate Risky Family Characteristics and Susceptibility to Upper Respiratory Infections	7/2008 – 6/2009 \$10,000 direct
Faculty Development Grant (Robles) UCLA Center for the Study of Women Romantic Relationships and Skin Healing	7/2007 – 6/2008 \$3,200 direct
Faculty Research Grant (Robles, PI; Christensen, Co-PI) UCLA Academic Senate Stress and Skin Barrier Recovery	7/2007 – 6/2008 \$5,000 direct

**CERTIFICATIONS:**

Certified in Computerized Evaporimetry, cyberDERM, Inc., March 2007

**PUBLICATIONS**

\* Denotes mentored graduate student or post-doctoral fellow

**Peer-reviewed journal articles**

- Holt-Lunstad, J, Robles, T. F., & Sbarra, D. A. (in press). Advancing social connection as a public health priority in the United States. *American Psychologist*.
- Bai, S., Reynolds, B. M., Repetti, R. L., & Robles, T. F. (in press). Daily links between school problems and youth perceptions of interactions with parents: A diary study of school-to-home spillover. *Social Development*.
- Sears, M.S., Repetti, R. L., Reynolds, B. M. & Robles, T. F. (2016). I just want to be left alone: Marital anger and withdrawal in response to overload. *Journal of Family Psychology, 30*, 569-579. doi: 10.1037/fam0000197
- Menkin, J. A.\*, Robles, T. F., Gruenewald, T. L., Tanner, E. K., & Seeman, T. E. (2016). Positive expectations regarding aging linked to more new friends in later life. *The Journals of Gerontology Series B: Psychological Sciences*. doi: 10.1093/geronb/gbv118
- Kuhlman, K. R.\*, Repetti, R. L., Reynolds, B. M., & Robles, T. F. (2016). Change in parent-child conflict and the HPA-axis: Where should we be looking and for how long? *Psychoneuroendocrinology, 68*, 74-81. doi: 10.1016/j.psyneuen.2016.02.029
- Repetti, R. L., & Robles, T. F. (2016). Non-toxic family stress: Potential benefits and underlying biology. *Family Relations, 65*, 163-175. doi: 10.1111/fare.12180
- Reynolds, B. M., Repetti, R. L., & Robles, T. F. (2016). Measurement reactivity and fatigue effects in daily diary research with families. *Developmental Psychology, 52*, 442-456. doi: 10.1037/dev0000081
- Robles, T.F., Carroll, J. E., Bai, S., Reynolds, B. M., Esquivel, S., & Repetti, R. L. (2016). Emotions and family interactions in childhood: Associations with leukocyte telomere length. *Psychoneuroendocrinology, 63*, 343 – 350. doi: 10.1016/j.psyneuen.2015.10.018
- Sears, M. S., Repetti, R. L., Reynolds, B. M., Robles, T. F., & Krull, J. L. (2016). Spillover in the home: The effects of family conflict on parents' behavior. *Journal of Marriage and Family, 78*, 127 – 141. doi: 10.1111/jomf.12265
- Menkin, J. A.\*, Robles, T. F., Wiley, J. F., & Gonzaga, G. C. (2015). Online dating in later life: Relational goals and expectations. *Psychology and Aging, 30*, 987 – 993. doi: 10.1037/a0039722
- Robles, T. F. (2014). Marital quality and health: Implications for marriage in the 21<sup>st</sup> century. *Current Directions in Psychological Science, 23*, 427 – 432. doi: 10.1177/0963721414549043
- Kane, H. S., Slatcher, R. B., Reynolds, B. M., Repetti, R. L., & Robles, T. F. (2014). Daily self-disclosure and sleep in couples. *Health Psychology, 33*, 813-822. doi: 10.1037/hea0000077

- Robles, T. F., & Kane, H. S.\* (2014). The attachment system and physiology in adulthood: Normative processes, individual differences, and implications for health. *Journal of Personality*, 82, 515-527. doi: 10.1111/jopy.12052
- Robles, T. F., Slatcher, R. B., Trombello, J. M., & McGinn, M. M. (2014). Marital quality and health: A meta-analytic review. *Psychological Bulletin*, 140, 140-187. doi: 10.1037/a0031859
- Robles, T. F., Sharma, R., Harrell, L., Elashoff, D., Yamaguchi, M., & Shetty, V. (2013). Saliva sampling method affects performance of a salivary alpha-amylase biosensor. *American Journal of Human Biology*, 25, 719-724. doi: 10.1002/ajhb.22438
- Robles, T. F., \*Reynolds, B. M., Repetti, R. L., & Chung, P. S. (2013). Using daily diaries to study family settings and health in everyday life. *Journal of Social and Personal Relationships*, 30, 179-188. doi: 10.1177/0265407512457102
- Robles, T. F., \*Brooks, K. P., \*Kane, H. S., & Dunkel Schetter, C. (2013). Attachment, skin deep? Relationships between adult attachment and skin barrier recovery. *International Journal of Psychophysiology*, 88, 241-252. doi: 10.1016/j.ijpsycho.2012.04.007
- Robles, T. F., Sharma, R. Park, K., Harrell, L., Yamaguchi, M., & Shetty, V. (2012). Utility of a salivary biosensor for objective assessment of surgery-related stress. *Journal of Oral and Maxillofacial Surgery*, 70, 2256-2263. doi: 10.1016/j.joms.2012.03.005
- Slatcher, R. B., & Robles, T. F. (2012). Preschoolers' everyday conflict at home and diurnal cortisol patterns. *Health Psychology*, 31, 834-8. doi: 10.1037/a0026774
- Repetti, R. L., Robles, T. F., \*Reynolds, B. M., & Sears, M. S. (2012). A naturalistic approach to the study of parenting. *Parenting: Science and Practice*, 12, 165-174. doi: 10.1080/15295192.2012.683343
- \*Brooks, K. P., Robles, T. F., & Dunkel Schetter, C. (2011). Adult attachment and cortisol responses to discussions with a romantic partner. *Personal Relationships*, 18, 302-320. doi: 10.1111/j.1475-6811.2011.01357.x
- Robles, T. F., & Carroll, J. E. (2011). Restorative processes and health. *Social and Personality Psychology Compass*, 5, 518 - 537. doi: 10.1111/j.1751-9004.2011.00368.x
- Repetti, R. L., Robles, T. F., & Reynolds, B. M.\* (2011). Allostatic processes in the family. *Development and Psychopathology*, 23, 921-938. doi: 10.1017/S095457941100040X.
- Robles, T. F., Shetty, V., Zigler, C. M., Glover, D. A., Elashoff, D., Murphy, D., & Yamaguchi, M. (2011). The feasibility of ambulatory measurement of salivary alpha amylase: Relationships with self-reported and naturalistic psychological stress. *Biological Psychology*, 86, 50-56. doi: 10.1016/j.biopsycho.2010.10.006
- Shetty, V., Zigler, C., Robles, T. F., Elashoff, D., & Yamaguchi, M. (2011). Developmental validation of a point-of-care, salivary alpha-amylase biosensor. *Psychoneuroendocrinology*, 36, 193-199. doi: 10.1016/j.psyneuen.2010.07.008

- \*Slatcher, R. B., Robles, T. F., Repetti, R. L., & Fellows, M. D. (2010). Momentary work worries, marital disclosure, and salivary cortisol among parents of young children. *Psychosomatic Medicine*, *72*, 887-896. doi: 10.1097/PSY.0b013e3181f60fcc
- O'Connor, M. F., Bower, J. E., Cho, H. J., Creswell, J. D., Dimitrov, S., Hamby, M. E., Hoyt, M. A., Martin, J. L., Robles, T. F., Sloan, E. K., Thomas, K., Irwin, M. R. (2009). To assess, to control, to exclude: Effects of biobehavioral factors on circulating inflammatory markers. *Brain, Behavior, and Immunity*, *23*, 887-897. \*Note, the contribution of the 2<sup>nd</sup> through 2<sup>nd</sup> to last authors was equal. doi: 10.1016/j.bbi.2009.04.005
- Robles, T. F., Brooks, K. P.\*, & Pressman, S. D. (2009). Trait positive affect buffers the effects of stress on skin barrier recovery. *Health Psychology*, *28*, 373-378. doi: 10.1037/a0014662
- Brooks, K. P.\*, & Robles, T. F. (2009). Recent depressive and anxious symptoms predict cortisol responses to stress in men. *Psychoneuroendocrinology*, *34*, 1041-1049. doi: 10.1016/j.psyneuen.2009.02.005
- Robles, T. F. (2007). Stress, social support, and skin barrier recovery. *Psychosomatic Medicine*, *69*, 807 - 815. doi: 10.1097/PSY.0b013e318157b12e
- Troxel, W. M., Robles, T. F., Hall, M., & Buysse, D. J. (2007). Marital quality and the marital bed: Examining the covariation between relationship quality and sleep. *Sleep Medicine Reviews*, *11*, 389 - 404. doi: 10.1016/j.smr.2007.05.002
- Robles, T. F., Shaffer, V. A., Malarkey, W. B., & Kiecolt-Glaser, J. K. (2006). Positive behaviors during marital conflict: Influences on stress hormones. *Journal of Social and Personal Relationships*, *23*, 305-325. doi: 10.1177/0265407506062482
- Graham, J. E., Robles, T. F., Kiecolt-Glaser, J. K., Malarkey, W. B., Bissell, M. G., & Glaser, R. (2006). Hostility and pain are related to inflammation in older adults. *Brain, Behavior, and Immunity*, *20*, 389-400. doi: 10.1016/j.bbi.2005.11.002
- Robles, T. F., Glaser, R., & Kiecolt-Glaser, J. K. (2005). Out of balance: A new look at chronic stress, depression, and immunity. *Current Directions in Psychological Science*, *14*, 111-115. doi: 10.1111/j.0963-7214.2005.00345.x
- Glaser, R., Robles, T. F., Sheridan, J., Malarkey, W. B., & Kiecolt-Glaser, J. K. (2003). Mild depressive symptoms are associated with amplified and prolonged inflammatory responses following influenza vaccination in older adults. *Archives of General Psychiatry*, *60*, 1009-1014.
- Robles, T. F., & Kiecolt-Glaser, J. K. (2003). The physiology of marriage: Pathways to health. *Physiology and Behavior*, *79*, 409-416. doi: 10.1016/S0031-9384%2803%2900160-4
- Heffner, K. L., Loving, T. J., Robles, T. F., & Kiecolt-Glaser, J. K. (2003). Examining psychosocial factors related to cancer incidence and progression: In search of the silver lining. *Brain, Behavior, and Immunity*, *17*(Supplement), 109-111.
- Kiecolt-Glaser, J. K., Robles, T. F., Heffner, K. L., Loving, T. J., Glaser, R. (2002). Psycho-oncology and cancer: Psychoneuroimmunology and cancer. *Annals of Oncology*, *13*, 165-169.

Kiecolt-Glaser, J. K., McGuire, L., Robles, T. F., & Glaser, R. (2002). Emotions, morbidity, and mortality: New perspectives from psychoneuroimmunology. *Annual Review of Psychology*, *53*, 83-107.

Kiecolt-Glaser, J. K., McGuire, L., Robles, T. F., & Glaser, R. (2002). Psychoneuroimmunology and Psychosomatic Medicine: Back to the future. *Psychosomatic Medicine*, *64*, 15-28.

Kiecolt-Glaser, J. K., McGuire, L., Robles, T. F., & Glaser, R. (2002). Psychoneuroimmunology: Psychological influences on immune function and health. *Journal of Consulting and Clinical Psychology*, *70*, 537-547.

### **Book chapters and online publications**

Robles, T. F., & Shulman, B.\* (in press). Social factors in neuroendocrine function. In K. Sweeny & M. Robbins (eds.), *Wiley Encyclopedia of Health Psychology*.

Robles, T. F., & Menkin, J. A.\* (2015). Social relationships and health in older adulthood. In R. Scott & S. Kosslyn (eds.), *Emerging trends in the social and behavioral sciences: An interdisciplinary, searchable, and linkable resource* (p. 1 – 15). Hoboken, NJ: John Wiley & Sons. doi: 10.1002/9781118900772.etrds0310

Repetti, R. L., Robles, T. F., & Reynolds, B. M.\* (2015). Biological and psychological processes linking chronic family stress to substance abuse and obesity. In J. E. Grusec & P. Hastings (Eds.), *Handbook of Socialization* (2<sup>nd</sup> ed., pp. 398 - 418). New York: Guilford Press.

Tobin, E. T., Slatcher, R. B., & Robles, T. F. (2013). Family relationships and physical health: Biological processes and mechanisms. In M. L. Newman & N. A. Roberts (Eds.), *Health and Social Relationships: The good, the bad, and the complicated* (p. 145 – 165). Washington, DC: APA Books.

Stowell, J. R., Robles, T. F., & Kane, H. S.\* (2013). Psychoneuroimmunology: Mechanisms, individual differences, and interventions. In I. B. Weiner (Ed.), *Handbook of Psychology, Vol. 9: Health psychology* (2<sup>nd</sup> ed., pp. 79 - 101). New York: Wiley.

Robles, T. F., & Kane, H. S.\* (2012). Marriage and immunity. In S. C. Segerstrom (Ed.), *The Oxford Handbook of Psychoneuroimmunology* (p. 197 – 213). New York: Oxford University Press.

Robles, T. F. (2009). Marriage and Health. In H. T. Reis & S. K. Sprecher (Eds.), *Encyclopedia of Human Relationships*. Thousand Oaks, CA: SAGE Publications.

Stowell, J. R., McGuire, L., Robles, T. F., & Kiecolt-Glaser, J. K. (2003). Psychoneuroimmunology. In I. B. Weiner (Series Ed.) & A. M. Nezu, C. M. Nezu, & P. A. Geller (Vol. Eds.), *Comprehensive handbook of psychology: Vol. 9. Health psychology* (p. 75-95). New York: Wiley.

Robles, T. (2001). Commentary. In C. D. Ryff & B. H. Singer (Eds.), *Emotion, Social relationships, and health* (pp. 233-242). New York: Oxford University Press.

### **Under review**

Robles, T. F., Repetti, R. L., Reynolds, B. M., Chung, P. J., Arevalo, J. M. G., & Cole, S. W. (under review). *Family environments and the leukocyte transcriptome in children and parents.*

## **FORMAL PRESENTATIONS**

### **Invited presentations**

- Robles, T. F. (2016, January). *Family relationships and health: Insights from intensive repeated measures and molecular mechanisms.* Invited talk. Close Relationships Pre-Conference, Society for Personality and Social Psychology, San Diego, CA.
- Robles, T. F. (2015, February). *What I'm excited about? Insights about families and health using intensive repeated measures.* Invited "flash" talk. Social Personality & Health Network Pre-Conference, Society for Personality and Social Psychology, Long Beach, CA.
- Robles, T. F. (2015, February). *Family relationships and health: Insights from intensive repeated measures.* Invited brownbag talk. Social-Personality Psychology Brownbag. Department of Psychology, University of California – Riverside. Riverside, CA.
- Robles, T. F. (2013, May). *Close relationships and health: What do we know? Where can we go?* Invited seminar. California Center for Population Research. Los Angeles, CA.
- Robles, T. F. (2013, March). *Restorative biological processes and health: A useful concept?* Invited workshop talk. Workshop on Positive Psychobiology. Princeton University Center for Research on Experience and Well Being. Miami, FL.
- Robles, T. F. (2012, January). *Marriage and physical health.* Invited grand rounds talk for psychiatry residents. Semel Institute for Neuroscience and Behavior. Los Angeles, CA.
- Robles, T. F. (2011, October). *Studying family settings and health in everyday life.* Invited symposium speaker. Health, Emotions, and Relationships mini-conference. International Association for Relationships Research. Tucson, AZ.
- Robles, T. F. (2011, April). *Close relationships and health: What do we know? Where can we go?* Invited colloquium. Department of Psychology, University of California – Irvine. Irvine, CA.
- Robles, T. F. (2009, March). *What is health psychology? Examples from research on stress, social relationships, and health.* Invited lecture. College of Arts and Sciences, Central Philippine University. Iloilo City, Philippines.
- Robles, T. F. (2008, May). *Close relationships and physical health: The role of gender in biological processes.* Invited Faculty Development Grant lecture. Center for the Study of Women, UCLA. Los Angeles, CA.
- Robles, T. F. (2008, April). *Social relationships, restorative physiological processes, and health.* Invited colloquium. Department of Psychology, University of Arizona. Tucson, AZ.
- Robles, T. F. (2008, February). *Stress and wound healing: Implications for older adults.* Invited talk for the Cousins Center for Psychoneuroimmunology Research, Department of Psychiatry, David Geffen School of Medicine, UCLA. Los Angeles, CA.



Robles, T. F. (2008, February). *Social relationships and health: Past, present, and future*. Invited talk presented for the Health Psychology Program Brown Bag, UCLA. Los Angeles, CA.

Robles, T. F. (2007, October). *Stress and wound healing: Implications for older adults*. Invited Geropsychiatry Grand Rounds, Department of Psychiatry, David Geffen School of Medicine, UCLA. Los Angeles, CA.

Robles, T.F. (2007, February). *Sleep, sleep disorders, and health*. Departmental Grand Rounds, Department of Psychiatry, Harbor-UCLA Medical Center. Los Angeles, CA.

Robles, T. F. (2006, October). *Sleeping together: The relationship, health, and health consequences of sharing a bed*. Invited talk presented for the UCLA Interdisciplinary Relationship Science Program Forum. Los Angeles, CA.

Garger, E. S., Robles, T. F. (2005, May). *Central Ohio Transit Authority: Partnering with Universities to Provide the Ride*. Invited panelists at the annual American Public Transit Association Bus and Paratransit Conference. Columbus, OH.

Robles, T. F., Kiecolt-Glaser, J. K., Malarkey, W.B., & Glaser, R. (2003, August). *Marriage, stress, and wound healing: A focus on relationship cognitions*. Invited paper presented at the annual Positive Psychology Summer Institute. Montchanin, DE.

Robles, T. F., & Sbarra, D.A. (2003, August). *Social connectedness, health, and underlying mechanisms*. Invited workshop presented at the annual Positive Psychology Summer Institute. Montchanin, DE.

Robles, T. F. (April, 1998). *Discussant for the work of Jocelyne Bachevalier: Neuropsychological indices of early temporal lobe dysfunction in monkeys*. Fourth annual Wisconsin Symposium on Emotion: Affective Neuroscience. Madison, WI.

Robles, T.F. (May, 1997). *Discussant for the work of Sheldon Cohen: Social relationships and susceptibility to the common cold*. Third annual Wisconsin symposium on emotion: Emotions, social relationships, and health. Madison, WI.

### **Conference presentations**

Robles, T. F., Carroll, J. E., Repetti, R. L., & Reynolds, B. M. (2015, March). *Parental marital conflict and cellular aging in childhood: Adversity exposure accumulation vs. negative affective reactivity*. Paper presented at the annual meeting of the American Psychosomatic Society, Savannah, GA.

Fales, M. R., Shulman, B., Dunkel Schetter, C., & Robles, T. F. (2015, March). *Subjective social status predicts stress-induced skin barrier recovery*. Poster presented at the annual meeting of the American Psychosomatic Society, Savannah, GA.

Kane, H. S., Wiley, J. F., Dunkel Schetter, C., & Robles, T. F. (2015, March). *The effect of emotional approach coping, social support, and emotional expression on stress reactivity: An experimental test*. Paper presented at the annual meeting of the American Psychosomatic Society, Savannah, GA.

- Robles, T. F. (2015, February). *Daily marital conflict: Implications for children's everyday mood and cellular aging*. In K. E. Rentscher and M. R. Mehl (Co-Chairs), *Beyond the self in health: Studying relationships where they matter most*. Symposium at the annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Menkin, J. A.\*, Robles, T. F., Seeman, T. E., Gruenewald, T. L., & Tanner, E. K. (2014, November). *Expectations regarding aging and social integration in later life*. In J. A. Menkin and B. Levy (Co-Chairs), *Connecting perceptions of aging and developmental outcomes: New insights on pathways and domains*. Symposium presentation at Gerontological Society of America Annual Meeting, Washington, D.C.
- Menkin, J. A.\*, Robles, T. F., Seeman, T. E., Gruenewald, T. L., & Tanner, E. K. (2014, February). *The impact of beliefs about aging on friendship in later life*. Poster presentation at Society for Personality and Social Psychology Annual Meeting, Austin, TX.
- Robles, T. F., Elashoff, D. A., Harrell, L., Sharma, R., & Shetty, V. (2013, March). *Salivary biomarkers and post-trauma psychopathology: Challenges and opportunities*. In J. E. Graham and C. G. Engeland (Co-Chairs), *Beyond salivary cortisol: Salivary biomarkers of immune function and stress at the cutting edge*. Symposium at the annual meeting of the American Psychosomatic Society, Miami, FL.
- Kane, H. S., Slatcher, R. B., Reynolds, B. M., Repetti, R. L., & Robles, T. F. (2013, March). *Daily self-disclosure and sleep behavior in couples*. In W. M. Troxel (Chair), *Lights out: Sleep, nocturnal physiology, and the social context*. Symposium at the annual meeting of the American Psychosomatic Society, Miami, FL.
- Robles, T. F., Slatcher, R. B., Trombello, J. M., & McGinn, M. M. (2012, November). *Marital quality and health: A quantitative review*. In D. Carr (Chair), *Integrating a family-focus into health and health care: Implications of research for policy and practice*. Presidential Symposium presented at the annual meeting of the Gerontological Society of America, San Diego, CA.
- Menkin, J. A.\*, Robles, T. F., & Gonzaga, G. (2012, November). *Online dating in later life: Relational goals and expectations*. Poster presentation at the Gerontological Society of America Annual Meeting, San Diego, CA.
- \*Reynolds, B. M., Repetti, R. L., & Robles, T. F. (2012, March). *Intensive repeated measures in naturalistic settings: Research in the family context*. In B. M. Reynolds (Chair), *Practical and conceptual issues in naturalistic research on families: Integrating biological, observational, and diary methods*. Symposium at the biennial meeting of the Society for Research on Adolescence, Vancouver, British Columbia.
- Sears, M. S., \*Reynolds, B. M., Repetti, R. L., & Robles, T. F. (2012, March). *Conflict contagion in the family: Using daily diaries to investigate process*. In B. M. Reynolds (Chair), *Practical and conceptual issues in naturalistic research on families: Integrating biological, observational, and diary methods*. Symposium at the biennial meeting of the Society for Research on Adolescence, Vancouver, British Columbia.
- \*Dickenson, L., \*Reynolds, B. M., Repetti, R. L., & Robles, T. F. (2012, March). *The inclusion of naturalistic biological measures in family research: Implications and methodological*

- considerations*. In B. M. Reynolds (Chair), Practical and conceptual issues in naturalistic research on families: Integrating biological, observational, and diary methods. Symposium at the biennial meeting of the Society for Research on Adolescence, Vancouver, British Columbia.
- Robles, T. F., Slatcher, R. B., Trombello, J. M., & McGinn, M. M. (2011, November). *Marital quality and health: A quantitative review*. In M. A. Whisman (Chair), Intimate partner functioning and health. Symposium at the annual meeting of the Association for Behavioral and Cognitive Therapy. Toronto, ON, Canada.
- \*Kane, H. S., \*Brooks, K. P., & Robles, T. F. (2011, October). *A dyadic examination of sleep: Attachment, gender, affect, and disclosure*. Health, Emotions, and Relationships mini-conference. International Association for Relationships Research. Tucson, AZ.
- \*Reynolds, B.M., Parbhakar, M., Repetti, R.L., & Robles, T.F. (2011, April). *Plagued by Peers? How Peer Problems Manifest Physically in Children's Daily Lives*. Poster presented at the biennial meeting of the Society for Research in Child Development, Montreal, Quebec.
- Parbhakar, M., \*Reynolds, B. M., Stein, J. R., Repetti, R. L., & Robles, T. F. (2011, April). *Of smiles and sniffles: Child daily mood and upper respiratory symptoms*. Poster presented at the biennial meeting of the Society for Research in Child Development, Montreal, Quebec.
- Robles, T. F., Shetty, V., Zigler, C. M., Glover, D. A., Elashoff, D., Murphy, D., & Yamaguchi, M. (2010, March). *Ambulatory measurement of salivary alpha amylase: Relationships with self-reported and naturalistic psychological stress*. Paper presented at the annual meeting of the American Psychosomatic Society. Portland, OR.
- Robles, T. F., Brooks, K. P., Vinas, D., & Dunkel Schetter, C. (2009, March). *Relationship satisfaction, social support, and wound healing in dating couples*. Paper presented at the annual meeting of the American Psychosomatic Society. Chicago, IL.
- Robles, T. F., Brooks, K. P., & Pressman, S. D. (2008, March). *Trait positive affect buffers the effects of stress on skin barrier recovery*. Paper presented at the annual meeting of the American Psychosomatic Society. Baltimore, MD.
- Robles, T.F. (2007, May). *A brief psychological stressor delays skin barrier recovery in humans*. Paper presented at the annual meeting of the Society for Investigative Dermatology. Los Angeles, CA.
- Okun, M. L., Robles, T. F., & Hall, M. (2006, March). *Sleep disturbance and natural killer cell activity in caregivers*. Paper presented at the annual meeting of the American Psychosomatic Society. Denver, CO.
- Robles, T. F., Graham, J. E., Kiecolt-Glaser, J. K., Malarkey, W. B., & Glaser, R. (2005, June). *Inflammation and health-related quality-of-life in older adults: Associations across a 5-year span*. Paper presented at the annual meeting of the Psychoneuroimmunology Research Society. Denver, CO.
- Graham, J. E., Robles, T. F., Kiecolt-Glaser, J. K., Malarkey, W. B., & Glaser, R. (2005, June). *Hostility, CRP, and IL-6 in older adults: The independent role of pain and perceived health*. Paper

presented at the annual meeting of the Psychoneuroimmunology Research Society. Denver, CO.

Jones, L. M., Robles, T. F., Kiecolt-Glaser, J. K., Malarkey, W. B., & Glaser, R. (2005, June). *Loneliness moderates the effects of chronic stress on the immune response to a pneumococcal pneumonia vaccine*. Paper presented at the annual meeting of the Psychoneuroimmunology Research Society. Denver, CO.

Robles, T. F. (2005, March). *Stress, cortisol reactivity, and skin barrier recovery*. Paper presented at the annual meeting of the American Psychosomatic Society. Vancouver, BC, Canada.

Robles, T. F., Loving, T. J., Kiecolt-Glaser, J. K., Malarkey, W.B., & Glaser, R. (2004, July). *A closer look at the link between close relationships and health*. Symposium paper: *Positive behaviors during marital conflict: Immediate and long-term physiological effects in newlywed couples*. Symposium presented at the biennial meeting of the International Association of Relationship Research, Madison, WI.

Robles, T. F., Loving, T. J., Kiecolt-Glaser, J. K., Malarkey, W.B., & Glaser, R. (2004, March). *As the glow fades, so does cellular immunity? Changes in marital interaction across time, NK cell lysis, lymphocyte proliferation, and latent EBV control*, Paper presented at the annual meeting of the American Psychosomatic Society. Orlando, FL.

Robles, T. F., Loving, T. J., Kiecolt-Glaser, J. K., Malarkey, W.B., & Glaser, R. (2003, June). *As the glow fades, so does cellular immunity? Decreases in positive behaviors in married couples are related to declines in NK cell lysis*. Paper presented at the annual meeting of the Psychoneuroimmunology Research Society. Amelia Island Plantation, FL.

Robles, T. F., Shaffer, V. A., Kiecolt-Glaser, J. K., Malarkey, W. B., & Glaser, R. (2003, March). *Cortisol and marital conflict: Positive behaviors make a difference*. Paper presented at the annual meeting of the American Psychosomatic Society. Phoenix, AZ.

Robles, T. F., Kiecolt-Glaser, J. K., Glaser, R., & Malarkey, W. B. (2002, July). *Marriage, conflict, security, and health: Some current directions in psychoneuroimmunological research*. Symposium paper: *Fighting a good battle: Neuroendocrine correlates of positive behaviors during marital conflict*. Symposium presented at the annual meeting of the International Conference on Personal Relationships. Halifax, NS, Canada.

Robles, T. F., Kiecolt-Glaser, J. K., Malarkey, W. B., & Glaser, R. (2002, May). *Marital discord and immunity: Wives' verbal aggression predicts declines in interferon-gamma production*. Paper presented at the annual meeting of the Psychoneuroimmunology Research Society. Madison, WI.

Robles, T. F., Kiecolt-Glaser, J. K., Glaser, R., & Malarkey, W. B. (2002, April). *Fighting a good battle: Neuroendocrine correlates of positive behaviors during marital conflict*. Paper presented at the annual meeting of the Society for Behavioral Medicine. Washington, DC.

Robles, T. F., Kiecolt-Glaser, J. K., Glaser, R., & Sheridan, J. F. (2000, May). *Chronic stress and the Th1/Th2 cytokine response to an influenza virus vaccine: Social networks count*. Paper presented at the meeting of the Psychoneuroimmunology Research Society. Wilmington, NC.

Robles, T. F., Malmstadt, J., Kabat-Zinn, J., Muller, D., & Davidson, R. J. (1999, April). *Relationships between frontal brain asymmetry and immune function*. Paper presented at the annual University of Wisconsin – Madison Psi Chi Undergraduate Research Symposium, Madison, WI.

Georgeson, H., Robles, T. F., Fredenberg, C., Lemery, K., & Goldsmith, H. H. (1997, May). *Associations of childhood temperament and parenting styles*. Paper presented at the annual meeting of the Midwest Psychological Association, Chicago, IL.

## **PROFESSIONAL ACTIVITIES AND SERVICE**

### **Grant Reviewer**

Department of Veterans Affairs, Merit Review Subcommittee for Immunology-B  
National Institutes of Health, Special Emphasis Panel ZRG1PSEB50;  
National Science Foundation

### **Editorial Boards**

January 2015 – present	Consulting Editor – <i>Journal of Family Psychology</i>
January 2013 - present	Editorial Board – <i>Journal of Marriage and Family</i>
July 2010 – present	Consulting Editor - <i>Health Psychology</i>

### **Ad Hoc Reviewer**

*Abnormal Psychology; American Psychologist; Annals of Behavioral Medicine; Brain, Behavior, and Immunity; British Journal of Health Psychology; Clinical Psychological Science; Current Directions in Psychological Science; Emotion; Diabetologia; Evidence-Based Complementary and Alternative Medicine; Gerontology; Health Psychology; International Journal of Psychophysiology; Journal of Behavioral Medicine; Journal of Clinical Sleep Medicine; Journal of Family Communication; Journal of Family Issues; Journal of Family Psychology; Journal of Health Psychology; Journal of Marriage and Family; Journal of Personality; Journal of Psychosomatic Research; Journal of Social and Clinical Psychology; Journal of Social and Personal Relationships; Oxford University Press; Personal Relationships; Personality and Social Psychology Review; Perspectives on Psychological Science; PLoS Medicine; Proceedings of the National Academy of Sciences, USA; Psychological Bulletin; Psychological Science; Psychology and Aging; Psychoneuroendocrinology; Psychophysiology; Psychosomatic Medicine; Western Journal of Communication*

### **Association Memberships**

American Psychological Association – Division 38 (Health Psychology)  
American Psychosomatic Society  
Phi Kappa Phi

### **Association Service**

2012 – 2013	Annual Convention Program Chair, Division 38 (Health Psychology), American Psychological Association
2010 – 2013	Program Committee, American Psychosomatic Society

2008 – 2012 Website co-editor, Division 38 (Health Psychology),  
American Psychological Association

### **University System Service**

2015 – present Director, UC Intercampus Consortium on Health Psychology

### **University Service**

2014 – present Diversity Issues Committee, Department of Psychology, UCLA  
 2014 – present Diversity Advisory Committee, Division of Life Sciences, UCLA  
 2014 – 2015 Diversity Science Faculty Search Committee, Department of Psychology,  
UCLA  
 2011 – present Faculty Advisory Committee, Gerontology Interdisciplinary Minor, UCLA  
 2013 – present Chair, Teaching Innovations Committee, Department of Psychology, UCLA  
 2013 – present Graduate Awards Committee, Department of Psychology, UCLA  
 2013 – 2015 Legislative Assembly, Academic Senate, UCLA  
 2007 – 2013 Undergraduate Studies Committee, Department of Psychology, UCLA  
 2008 – 2012 Legislative Assembly, Academic Senate, UCLA  
 2007 – 2010 Executive Committee, Department of Psychology, UCLA  
 2007 – 2008 Clinical Area Search Committee, Department of Psychology, UCLA  
 2006 – 2007 Website and Computerization Committee, Department of  
Psychology, UCLA  
 2001 – 2005 Chairperson and Graduate Student Representative,  
OSU - Central Ohio Transit Authority Partnership Advisory Committee,  
The Ohio State University  
 2001 – 2003 Delegate, Department of Psychology, Council of Graduate Students,  
The Ohio State University  
 1997 -1999 Chairperson, Student Services Finance Committee,  
Associated Students of Madison, University of Wisconsin-Madison

### **Other University Affiliations**

2007 - present Affiliated Faculty, UCLA Center for the Study of Women  
 2014 – present Affiliated Faculty, USC/UCLA Center on Biodemography and Population  
Health